

PRESS RELEASE

MANGO BLOSSOMS - UNVEILED
Music for Your Sensuous Journey

"THE LEAF BECOMES A FLOWER WHEN IT LOVES, THE FLOWER BECOMES FRUIT WHEN IT IS LOVED"
- Rabindranath Tagore

For many years I searched the universe of sounds, and waited, wishfully, hearing this music inside of my heart, I knew that one day someone else would hear it with me, and we would together create a beautiful art of sounds; pleasing, caressing, healing, joyful; a safe expression of wise love and luscious bliss.....

Hearing the young master of bansuri flute, and a virtuoso of sacred sounds, Abhiram Nanda performing at the Indian Consulate, I knew that I had found a musical soulmate.

He agreed to collaborate on this project, and with utmost difficulty, communicating between New York, and Orissa, Bhubaneswar --Abhiram does not own a computer, and the phone line can become quite unclear when he calls from the train -- we meditated, talked just a little, and put our best intentions into this music.

For 6 years I thought about creating this music; pure, healing and relaxing. From my professional experience with people who are in pain, stress, not sleeping, or who came for a relief to my practice, we all knew that there is almost no good, relaxing music on the market. Patients always complained about certain sounds and rhythms on existing CDs, or about music ego driven by the artist, or about music that was too emotional and grandiose, all of which made them uncomfortable.

Therefore "my people" became my guiding light, and best teachers.

I learnt "what to do, and what to avoid" - a basic training in creating a good karma, in music, and in life!

Thorough research in neuroimmunology, biomedicine and the neurology of sounds brought forth wonderful wisdom about the music that could provide listeners with nourishment, calm, and healing, without unnecessary surprises, and without standard sounds of winds and waterfalls, and birds and frogs, so overused at the moment.

But, as we started recording our music, and knowing more about Indian raags, listening to Abhiram's play, and witnessing the wisdom of Tirthankar Das who engineered, it became clear to us that this project would become more of a sensuous nature, voluptuous, and joyful; therefore we called it, elegantly, Unveiled. And we knew that to treasure the healing and relaxing time, we would create the second volume; Veiled - Music for Your Spiritual Journey; which will be quiet, calming, and nurturing.

With honesty and integrity, and honoring people's need for quiet and healing, I also wanted to respect the time of joy, bonding, and connections, the time of intimacy and divine closeness, and to create the music which answers the basic question we all have for these moments: "WHAT shall I play....."

Thus - Mango Blossoms - Unveiled.

Mango Blossoms - Unveiled is a beautiful, expanded music created from a high and clear consciousness and with pure motivations. Experiencing ourselves through intimacy and pleasure that meets deep emotional and spiritual needs, in a timeless feeling of safety and expansion, we renew ourselves and our union, enjoying the experience to the fullest.

Without greedy lust-like rhythms or small-minded pedestrian sounds, but fully enjoying and feeling long, suspended, pure lasting body pleasure through music, we rest safely and without sudden surprise, with no limits or disconnection, all in loving and genuine bond and mutual consent.

This music honors the elements of East and West, and of all the directions, deeply respecting our truth, and path; you can "dance and walk in beauty", as the Navajo say, with Unveiled's luscious sounds.

The music tells a story of a "karmic meeting"; this special moment when a beloved is spontaneously found in the crowd of people, and we experience the melting sensation of surrender, trust, love, and peace.

Our music talks about tender, beautiful love, one with complete respect, openness, and wisdom. Time disappears, as we melt in one with the beloved, cultivating and building pleasure with intensity and skill, surrounding to oneself, and to the other... soft joy becomes a wild ride, pleasure raises our consciousness and intensifies a loving bond, we feel safe closeness and immeasurable bliss.

Then, we rest in each other, in the reciprocity of our hearts, feeling "I am the breath within your breath"... and just gathering divine energy to start again...always honoring the power of sensuality as sacred and intensely pleasurable.

We know that love heals, and every touch has an enormous power to cure, and we make a pilgrimage from our mind - to our heart.

Music says:

I am warm and strong

I will guide You

and take You on the beautiful journey

that begins with Your

Heart.

Musicians:

Abhiram Nanda - bansuri, Amie Weiss - violin, Tony Bellamy - double bass
Shivprasad Kotagal - tabla, Ikhlaq Hussain - sitar

with Scott Jacoby, Tirthankar Das, and Alexander Bilowitz

Engineered, mixed and mastered - Scott Jacoby at Maze Studio

Produced and envisioned - Yoanna Da Vinci

CO-producers - Norman Gershgorin and Enrica Amaducci

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